



15th November 21



NUAHT NA CROISE NAOIFA

Parent/Teacher Meetings 2021

As you know, this week we will have our Parent /Teacher meetings over the phone on Wednesday and Thursday.

Nearly all of our parents have booked in for their meeting with the teachers. If you have yet to book in, please do so as soon as possible via the Aladdin Connect app. If you are having any difficulty signing up please get in touch and we will be happy to help out. The teachers are all very much looking forward to discussing the progress the children are making in school so far this year.

I would like to remind everyone that the teachers will be calling you from phones with the number withheld. Please be ready at your allotted time to answer your phone even if you cannot see the number calling.

Míle Buíochas,

John McGrath

PHOTO OF
THE WEEK



This week's photo is of Ms. Reilly's class enjoying their time at the recent Naomh Olaf GAA Club blitz last week. I have included a few more snaps below!

Friends For Life

This year we will be running a programme called 'FRIENDS for Life' as part of our SPHE programme in school. The FRIENDS for Life programme was developed in Australia and is used in schools throughout the world to develop resilience. It is based on a wealth of research and practical experience in thousands of classrooms. The programme has been acknowledged by the World Health Organisation (2004) and evidence has shown benefits for children with anxiety difficulties as well as for those with normal levels of worry.

Senior Infants and Rang 1 will take part in the Fun Friends programme and Rang 2 to Rang 6 will take part in the Friends for Life programme. FRIENDS for Life is a ten-session programme which teaches skills to help children to think, understand and to cope with their feelings and with difficult situations. It promotes self-esteem, problem-solving, self-expression and the building of positive relationships with peers and adults. The content of each session is consistent with the aims and objectives of the SPHE curriculum. In each session, children are guided through a series of class-based activities designed to teach skills for dealing with worrying situations. Each letter of the word FRIENDS stands for a new skill learned. Some of the skills taught include: problem-solving skills; managing unhelpful thoughts; relaxation etc.

There will be home activities for you and the children also. For further information about the FRIENDS for Life programme, please visit the FRIENDS website at www.friendsresilience.org.

May we take this opportunity to thank you in advance for your cooperation and support for this worthwhile programme. I would also like to thank our teachers who have given their time to the teacher training which must be completed in order for the FRIENDS programme to be delivered. In particular, I would like to sincerely thank Ms. Aoife Reilly and Ms. Audrey Devereux who have championed the implementation of this programme in our school.

Rang 6 Zoom call with Joanna Donnelly



As part of Science week last week, Rang 6 organised a Zoom Call with RTÉ meteorologist Joanna Donnelly where they learned all about predicting the weather and the science behind it.

All of our children had a great time during Science Week this year with experiments aplenty throughout the school. Mr. Fitz has posted a few pics on our school Twitter. Well done one and all!

GAA Blitz in Naomh Olaf

Both of our Rang 1's had a wonderful time in Naomh Olaf last Wednesday for the GAA blitz. Lots of small sided games with emphasis on fun was the order of the day. Many thanks to Chloe, our club coach, for organising.

Local GAA clubs are a wonderful asset for every community offering children a safe, well organised environment to stay active and healthy while enjoying our national games.

Why not give it a try! You can access more information about Naomh Olaf via the following link <http://www.naomholaf.ie/>

